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February 28, 2005

Office of Nutritional Products
Labeling and Dietary Supplements (HFS-810)
Center for Food Safety and Applied Nutrition
U.S. Food and Drug Administration
5100 Paint Branch Parkway
College Park, MD 20740

Pursuant to the requirements of Section 6 of the Dietary Supplement Health and Education Act of 1994, 21 U.S.C. 343 r (6) and in accordance with the authorized provisions of 21CFR 101.93, ADVOCARE provides notification for statements on dietary supplement labels as follows:

The name and address of the manufacturer, packer or distributor of the dietary supplement that bears the statements:

ADVOCARE International, L.P.
2727 Realty Road
Carrollton, TX 75006

Product Name: CorePlex

Statement(s)

Provides nutritional metabolic support for general health and well being

Basis for Statement

Vitamin A (as palmitate and beta-carotene)
Vitamin C (as ascorbic acid) Vitamin D (as cholecalciferol)
Vitamin E (as d-alpha tocopheryl succinate)
Thiamine Riboflavin
Niacin (as niacin and niacinamide)
Vitamin B-6 (as pyridoxine HCl) Folic acid
Vitamin B-12 (as cyanocobalamin) Biotin
Pantothenic acid Calcium (as amino acid chelate)
Phosphorus (as amino acid chelate) Iodine (from kelp)
Magnesium (as amino acid chelate) Zinc (as zinc monomethionine)
Selenium (selenomethionine) Copper (as amino acid chelate)
Manganese (as amino acid chelate) Chromium (as chromium citrate)
Molybdenum (as amino acid chelate)
Potassium (as potassium chloride and amino acid chelate)
Inositol Choline (as bitartrate)
Boron (as amino acid chelate) Octacosanol
Vanadium (as bis-maltolato-oxovanadium)
Silicon (as amino acid chelate) Coenzyme Q-10
Garlic powder, odorless (bulb - Allium sativum)
L-Glutathione Citrus flavonoids
Grape extract (seed - Vitis vinifera)
Milk thistle extract (fruit - Silybum marianum)
Ginkgo extract (leaf - Ginkgo biloba)

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Supports healthy bone structure and growth

Calcium (as amino acid chelate)	Phosphorus (as amino acid chelate)
Iodine (from kelp)	Magnesium (as amino acid chelate)
Zinc (as zinc monomethionine)	Selenium (selenomethionine)
Copper (as amino acid chelate)	Manganese (as amino acid chelate)
Chromium (as chromium citrate)	Molybdenum (as amino acid chelate)
Potassium (as potassium chloride and amino acid chelate)	
Boron (as amino acid chelate)	Silicon (as amino acid chelate)
Vanadium (as bis-maltolato-oxovanadium)	

Supports healthy muscle, connective tissue and skin

Riboflavin	Folic Acid
Biotin	Pantothenic acid
Calcium (as amino acid chelate)	Phosphorus (as amino acid chelate)
Thiamine	Vitamin C (as ascorbic acid)
Boron (as amino acid chelate)	Silicon (as amino acid chelate)
Vitamin E (as d-alpha tocopheryl succinate)	
Vitamin B-6 (as pyridoxine HCl)	
Vitamin B-12 (as cyanocobalamin)	

Supports cardiovascular health

Riboflavin	Folic Acid
Biotin	Niacin
Pantothenic acid	Coenzyme Q10
Choline	L-Glutathione
Calcium (as amino acid chelate)	Octacosanol
Phosphorus (as amino acid chelate)	Iodine (from kelp)
Vitamin B-6 (as pyridoxine HCl)	
Vitamin B-12 (as cyanocobalamin)	

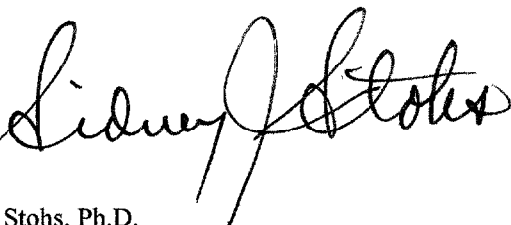
Provides antioxidant activity

Vitamin A (as palmitate and as beta-carotene)	
Vitamin C (as ascorbic acid)	Coenzyme Q10
Vitamin E (as d-alpha tocopheryl succinate)	
Citrus flavonoids	Grape seed extract (Vitis vinifera)
Milk thistle extract (fruit - Silybum marianum)	
Ginkgo extract (leaf - Ginkgo biloba)	

Certification

The undersigned certifies that the information contained in this notice is complete and accurate and that ADVOCARE International, L.P. has substantiation that the statements are truthful and not misleading.

Respectfully yours,



Sidney Stohs, Ph.D.
Senior Vice President, Research and Development
ADVOCARE International, L.P.